

Note: This list is not exhaustive of all the mental health providers in the Greater Manchester area, but is inclusive of some that are currently known to the Elliot Postpartum Emotional Support Program as having a specialized clinical interest and experience with women's reproductive mental health. Please contact Alison Palmer, APRN at 663-8927 or apalmer@elliott-hs.org if you wish to be included in this list.

NH MENTAL HEALTH PROVIDER LIST – PREGNANCY/POSTPARTUM

REGION	NAME	ADDRESS	PHONE	EMAIL/WEBSITE
Barrington	Marissa McCutchen, LCMHC	Barrington Counseling Center 606 Franklin Pierce Hwy Barrington, NH 03825	603.534.2258	
Bedford	Leigh Bryant, LICSW	9 Baldwin Lane, Bedford, NH 03110	603.472.5279	
Bedford	Christine Miller, M.Ed.	201 Riverway Place Bedford, NH 03110	603.668.8400	Practice w/n Bedford Commons OBGYN
Bedford	Kristi Petri, LICSW	3 Executive Park Dr. Bedford, NH 03110	603.716.3434	
Bedford	Rebekah Reddel, APRN, IBCLC	Northbridge Counseling PLLC Bedford NH 172 Route 101 Unit 26, Bedford, NH 03110	603.836.0376 x511	Women's health and Psychiatric nurse practitioner, Lactation Consultant rebekah.reddel@northbridgecounseling.com
Concord	Riverbend Community Mental Health Center	278 Pleasant Street Concord, NH 03301	603.228.1600 Emergency: 800.852.3323	www.riverbendcmhc.org inquiries@riverbendcmhc.org
Concord	Steve Arvin, APRN	5 Greenwood Ave Concord, NH 03301	603.224.0863	Psychiatric evaluation, medication mgmt
Concord	Amy Blanchard, PhD, LMFT	4 Bicentennial Square Ste 6, #2, Concord, NH 03301	603.219.7418	amy.eblanchard@gmail.com
Concord	Joyce Blood, APRN	248 Pleasant St. Concord, NH 03301	603.228.7100	Psychiatric evaluation, medication mgmt
Concord	Pat Dahme, APRN	21 Green Street Concord, NH 03301	603.225.2985	Psychiatric evaluation, medication mgmt
Concord	Monica Edgar, APRN	248 Pleasant Street Concord, NH 03301	603.228.7100	Psychiatric evaluation, medication mgmt
Concord	Patricia Wilczynski, MA	18 N. Main St. Concord, NH 03301	603.224.0600	
Concord	Womankind Counseling	21 Green St. Suite 2 Concord, NH 03301	603.225.2985	www.womankindcounseling.webs.com
Concord	Linda Zollo, PhD	57 School St. Concord, NH 03301	603.223.0800	
Dover	Community Partners	113 Crosby Rd. Ste 1 Dover, NH 03820	603.516.9300	www.dssc9.org inquiry@bhdssc.org
Keene	Amanda Hitchings, PsyD	Cheshire Medical Center 590 Court St. Keene, NH 03431	603.354.5400	Pregnancy Wellness Center Dartmouth Hitchcock – Keene ahitchings@antioch.edu
Keene	Monadnock Family Services	17 93rd Street Keene NH 03431	603.357.4400	
Manchester	Tracy Coulon, LICSW	Elliot Behavioral Health 445 Cypress St. Suite 8 Manchester, NH 03103	603.668.4079	
Manchester	Jill Leppanen Lerner, LCMHC	Between Us Associates 754 Chestnut Street Ste 2 Manchester NH 03042	603.836.5003	www.betweenusassociates.com
Manchester	Mental Health Center of Greater Manchester	401 Cypress Street Manchester, NH 03103	603.668.4111	www.mhcgcm.org

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Manchester	Faith Minard, APRN	Elliot Behavioral Health 445 Cypress St. Suite 8 Manchester, NH 03103	603.668.4079	Psychiatric nurse practitioner. Med management and counseling.
Manchester	Heidi Page, MSW	Full Spectrum Wellness 55 South Commercial St. Manchester, NH 03101	603.296.0830	www.fullspectrumwellness.com Solution focused brief therapy, strengths perspective, holistic, cognitive restructuring
Manchester/ Concord	Dee Dee Souza, MSW	753 Chestnut St. Manchester, NH 03104	603.668.0660 603.224.8977	Concord office: 57 School St. Concord, NH
Nashua	Greater Nashua Mental Health Center	7 Prospect Street Nashua, NH 03060	603.889.6147 Emergency: 800.762.8191	www.gnmhc.org
Nashua	Counseling Center of Nashua	One Main Street Nashua, NH 03064	603-883- 0005 FAX 603- 883-0007	www.counselingcenter.com Multiple providers -Alternate Locations in Derry, Londonderry, Hudson, Peterborough, Exeter, Manchester, and Merrimack
Nashua	Erin Crail, LCMHC	71 Spit Brook Road Suite 102 Nashua, NH 03060	978.827.0906	
Nashua	Laura Duncan, LICSW	154 Broad Street, Suite 1532, Nashua, NH 03063	603.566.0942	lauraduncanlicsw@comcast.net
Nashua	Donna Hastings, PsyD	579 Daniel Webster Highway Merrimack, NH 03054	603.429.7190 603.429.1190	
North Hampton	Patricia Kinkare, MD	55 Lafayette Rd. #3 North Hampton, NH 03862	603.964.4869	Psychiatric evaluation, medication mgmt
Peterborough	Lucy Doherty, LICSW	Monadnock OBGYN 454 old Street Road, Suite 302 Peterborough, NH 03458	603.924.9444	Specializing in maternal mental health
Plymouth	Regina Kelley, APRN	66 Main St. Plymouth, NH 03264	603.536.1020	Psychiatric evaluation, medication mgmt
Portsmouth	Families First Resource Center	100 Campus Drive Suite 12 Portsmouth, NH 03801	603.422.8208	www.familiesfirstseacoast.org Hosts a PPD Support Group
Portsmouth	Seacoast Mental Health Center	1145 Sagamore Ave. Portsmouth, NH 03801 30 Prospect Ave. Exeter, NH 03833	603.431.6703 603.772.2710	www.smh-c-nh.org
Portsmouth	Lisa Norris, APRN	20 Ladd St. Portsmouth, NH 03801	603.430.8900	Psychiatric evaluation, medication mgmt
Rochester	Carla Contarino, PhD	165 Charles St. #11 Rochester, NH 03867	603.332.4004	
Salem	Center for Life Management	44 Stiles Rd. Derry, NH 03038	603.434.1577 After hours: 603.432.2253	www.centerforlifemanagement.org
Salem	Amy Chouinard, LCMHC	Perinatal & Women's Mental Health Counseling 202 Main St. Ste G2 Salem, NH 03079	603.233.4963	www.postpartumnh.com amy@postpartumnh.com